



## Supporting Tobacco Treatment and Recovery in Behavioral Health:

April 11-12, 2019

Kansas Leadership Center, 325 E. Douglas, Wichita

*Come attend a workshop to learn best practices and strategies to reduce tobacco use and improve wellness among your participants. This free learning opportunity is open to organizations who are ready to take action to help those they serve be well and quit tobacco for good. We encourage organizations to send a team of representatives of up to three people to take advantage of all the breakout sessions that will be offered. Come hear more about the Kansas Tobacco Guideline for Behavioral Health and the evidence-based strategies it contains, learn about resources to help you take advantage of the newly expanded cessation benefits available under KanCare, and leave with an action plan to support concrete first steps as soon as you get back to your desk.*

*While registration is FREE and hotel rooms will be covered for those traveling over 100 miles to the workshop, both are limited. Register to save your space!*

**Registration deadline for lodging is March 26<sup>th</sup>!**

### Workshop Agenda

#### **April 11 7:00 pm – 8:30 pm**

Gallery walk – Join us for a gallery walk where work will be highlighted to show what is being done across Kansas to prevent tobacco use in the behavioral health area.

Keynote Speaker – Hear from Dr. Elizabeth Ablah with WorkWell Kansas on the importance of tackling tobacco in the workplace.

#### **April 12 9:00 am – 3:30 pm**

Tobacco Guidelines – This presentation will focus on the Kansas Guideline for Behavioral Health Care, a comprehensive set of evidence-based strategies for primary care and behavioral health care providers to support their clients in their journey to quit tobacco.

*Participants will then be able to choose from the following breakouts:*

Application of Motivational Interviewing in Tobacco Treatment – Discuss the spirit of Motivational Interviewing and the application of it in tobacco treatment.



Brief Tobacco Intervention (BTI) and Kansas Tobacco Quitline – Learn more about these programs offered through the Kansas Department of Health and Environment.

Tobacco Treatment Specialist (TTS) – A TTS is a professional who possesses the skills, knowledge and training to provide evidence-based tobacco treatment. Come learn the skill set needed, who can become a TTS and how to get TTS training.

Breathe Easy, Live Well – Learn more about this goal-setting, evidenced based wellness curriculum to assist those who struggle with tobacco use.

*Following the breakouts:*

Workshop Debrief & Next Steps – Participants will be able to look back on the day and decide how they will take the information used and make progress at their own organization.

*\*Appetizers on the 11<sup>th</sup> and lunch on the 12<sup>th</sup> will be provided.*

**[Register here](#) or contact us at [codc@wichita.edu](mailto:codc@wichita.edu) if you have any questions.**

