

# HCI:HE HEALTH IN ACTION



KANSAS HEALTH  
FOUNDATION



## August 2019

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### UPCOMING DATES:

- **September 9** Community Learning Webinar with guests Steve Radley and Imogene Harris from Network Kansas discussing the Kansas Community Investment Fund
- **October 10-11** HCI:HE Community Gathering at the Hyatt Regency in Wichita

### KEEP IN TOUCH!

- [Click here](#) to sign up for the HCI:HE Health in Action.

## Featured Resource Links

- **RWJF Culture of Health Blog:** Home is Where our Health Is: *There is growing evidence that safe and secure housing is a critical factor in achieving good health, yet housing's profound effect on health is often overlooked and misunderstood.*
- **Zoning Shapes Lives article** from How Housing Matters: *Zoning can encourage inclusion, create opportunity, protect open spaces, and prevent truly incompatible land uses from sharing the same space. When done thoughtfully, zoning can connect people and places, not just divide us.*
- The Kansas Health Foundation's monthly electronic newsletter, Health Happenings, features a story about a focus area, grant, partnership or program involving the Foundation. Sign up for Health Happenings [here](#).
- Discrimination, racism and trauma identified as the main drivers of health concerns for people in one Washington State community. Learn more at the [ACES Connection](#).
- The Environmental Protection Agency Smart Growth in Small Towns and Rural Communities [page](#) includes helpful resources and information.

## Community Liaisons Gathering in Manhattan & Garden City in August

A number of Community Liaisons from HCI:HE communities in the western half of the state gathered in Garden City on August 23. Another group of Community Liaisons will meet in Manhattan on August 30. Community Liaisons are the backbone of local HCI:HE efforts, primarily tasked with project coordination, supporting resident-led teams and connecting to local partners from a variety of sectors. Led by Brandon Irwin (Riley County) and Susan Lukwago (Seward County), these summer gatherings were planned by Community Liaisons and designed to strengthen the statewide network of Community Liaisons and to share experiences, knowledge and expertise.

## Want to Share Your Work at the Upcoming HCI Gathering?

Are you interested in presenting at the October 2019 Community Gathering? Community Liaisons, residents and others who are supporting HCI efforts are encouraged to submit a speaker application. [Click here](#) to learn more about this opportunity.

# Community Spotlight: Sedgwick County

## Article submitted by Shelley Rich, Community Liaison, Sedgwick County

While attending the spring KLC convening, the Sedgwick County Resident Team discussed that it would be nice to create a safe place in the neighborhood where they can meet with the residents. Fast forward to June and the Evergreen Neighborhood Project now has an office in the neighborhood resource center and according to Community Liaison, Shelley Rich, "it just feels right"! Shelley said that while driving to the office after the move in day that she felt so much more energy and closeness to the project while working in the neighborhood. Although Shelley splits her time at the Downtown YMCA (less than four miles from Evergreen) to handle Health & Wellness Coalition tasks, a lot has been accomplished so far in this new office. Less than \$2,000 of HCI:HE grant funds were spent to move in for equipment and other expenses. YMCA IT staff purchased a laptop, printer and a few office supplies were purchased. The Resident Led Leadership Team met in the office for the first time on July 12th and when this team picture was taken.



Several locations were considered before picking the neighborhood resource center. The City of Wichita Park & Recreation department has a nice office area that could be rented out for \$300/month. The advantage of this space is that it would be available during rec center hours later into the evening, but the resident team did not feel the monthly rent was sustainable. The team was also offered space in the large storage room of the Love Your Community and Axteca Football team office. A lower monthly rental rate was being negotiated when the space at the neighborhood center was offered for free. Considering the amount of work needed to be done to the store room, the team decided to take the free, ready to move in space through the City of Wichita. They are grateful for the free use of the office but have recognized a few disadvantages working in a city building. First of all, the team wanted to rearrange the office cubicles located in the office that are used for free tax preparation a few months of each year. Per city regulations, this had to be done by city staff and took longer than expected to be completed. The group is also currently confined to the neighborhood center's open hours: 8:30am-5:30 pm and closed for lunch.



Since moving into the shared space, a lot of brainstorming has occurred. The walls are decorated with flip chart paper including lists of potential projects, people to connect with, things to do. Following a strategic planning session with CEI coach Jessica Fiscus, a nice drawing of the team's vision for the future was developed (pictures at right).

The resident team recently hosted two Open House sessions inviting our stakeholders to visit the shared space. Wonderful discussion occurred at both events that were attended by members of the Multi-Sector Support team, the County Commissioner assigned to the district, a reporter from Univision, and other attendees. In the near future, the office will host a small weekly health support group led by Catalina Garcia following the American Heart Association Healthy for Life Spanish curriculum. Two cubicles are available for work space and a table can be set up to host meetings for up to 12 people. A larger conference room is also available in the building. The resident team and Shelley Rich look forward to a productive year three with our safe shared space!



## Using an Equity Framework in the Child Care Context (2017) : A Resource from the Public Health Law Center

The experiences of early childhood lay the foundation for a lifetime of development. Few settings offer greater opportunity for improving our nation's health than the child care environment. Non-parental child care settings — where many young children spend a good portion of their childhood — provide a unique forum for shaping those experiences. This resource - Examining Licensing for Cultural Competency (2017) - is a resource that uses an equity framework in the child care context.



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